

Joint Resiliency Director (JRD)
CH (COL) R. Patrick Moore
W: 573-638-9613 C: 573-301-6964

Deputy Director, JRD
CW5 Daniel Eagan
W: 573-638-9500 (ext. 37110)

Senior Operations NCO, JRD
CSM Anthony Zerbonia
W: 573-638-9704

Operations NCO/Casualty Assistance Manager
MSG Gessee Steck
W: 573-638-9500 (ext. 37096) C: 573-356-9356

Integrated Primary Prevention Officer
MAJ Erick Turley
W: 573-638-9500 (ext. 37093)
C: 660-238-4617
Integrated Primary Prevention Specialist
Chris Crowson (ext. 37688)
Sexual Violence Prevention Lead
Sarah Jimerson (ext. 37735)
Self-Directed Harm Prevention Lead
Kimerly "Kim" Chillers (ext. 37094)
Workplace Violence/Harassment Lead
Kay Calton (ext. 39891)
Family Violence Prevention Lead
Brysen DeChant (ext. 37091)
Prevention Specialist (West Region)
Bryan Patrick (ext. 35102)
Prevention Specialist (East Region)
Adam Moss (ext. 36671)
Prevention Specialist - 131st BW
Kirstin Inwood W: 660-687-3606
Prevention Specialist - 139th AW
Marty Clary W: 816-236-3064

Sexual Assault Prevention & Response (SAPR)
Sexual Assault Prevention & Response Officer
Benjamin Funk
W: 573-638-9500 (ext. 37489)
C: 573-658-0537
MO-JFHQ Victim Advocate
VACANT
W: 573-638-9500 (ext. 37486)

MOARNG Psychological Health
Psychological Health Coordinators
Blake Thomas - **Director** (JC - ISTS)
W: 573-638-9500 (ext. 37083)
C: 573-694-8651
Chelsea Sherley (JC - ISTS)
W: 573-638-9500 (ext. 37275)
C: 573-658-0535
Kristine Stephens (Columbia Armory)
W: 573-449-6246 (ext. 11615)
C: 573-658-0534
Emma Wangelin (St. Louis - JB)
W: 314-416-6675
C: 314-580-5089

MOARNG Religious Affairs
State Chaplain (Jefferson City)
CH (COL) R. Patrick Moore
W: 573-638-9316 (ext. 39613)
C: 573-301-6964
Supervisory Chaplain (Jefferson City)
VACANT
W:
C:
West - Kansas City
VACANT
W:
C:
Southwest - Springfield
VACANT
W:
C:
East - St. Louis (Jefferson Barracks)
VACANT
W:
C:

MISSOURI NATIONAL GUARD - CARE TEAM

Medical Emergency: Call: 911

Suicide & Crisis Helpline: Call: 988 and press **1**, **Visit:** <https://www.veteranscrisisline.net>,
Chat: text with a Crisis Line responder- send a text message to **838255** or through [veteranscrisisline.net/chat](https://www.veteranscrisisline.net/chat)
Missouri 24/7 Sexual Assault Helpline: 573-694-4124

DEERS / ID Cards
State NCOIC
SSG Cecelia Ness
W: 573-638-9500 (ext. 37731)

Survivor Outreach Services (SOS)
Jefferson City
Cynthia "Cindy" Fields
W: 573-638-9500 (ext. 37784) C: 573-508-2868
Springfield
Elexa Fisher
W: 417-868-6006 C: 417-496-7940
St. Louis (JB)
Heather Donnell (north)
W: 314-416-6600 (ext. 36543) C: 314-201-1418
Shelly Volz-Hazel (south)
W: 314-416-6635 C: 314-327-5707

Transition Assistance Advisor
Mark Jones (JC - ISTS)
W: 573-638-9797 (ext. 39797)
C: 573-291-8253
Johnny Kline (Springfield)
C: 252-665-4423

State Equal Employment Manager
CW3 Tiffany Ray
W: 573-638-9500 (ext. 39689)
Equal Employment/Equal Opportunity Spec.
Michael Marsden
W: 417-868-6000 (ext. 36020)

Employer Spt. of the Guard & Reserve (ESGR)
LTC Justin Bowden
W: 573-638-9625 (ext. 39625) C: 816-699-1867

Passport Agent (Jefferson City)
SGT Jason Comstock
W: 573-638-9538

State Family Program Director
CPT Jason Wilkerson
W: 573-638-9504
C: 573-259-8779
Lead Soldier & Family Readiness Specialists
Neil Lamont
W: 417-624-0722 (ext. 13132)
C: 417-430-5199
Military & Family Readiness PGM (Air)
139th AW
Amy Mathias (St. Joseph)
W: 816-236-3939
131st BW
Mildred Munro (JB & WAFB)
W: 314-527-8305

MOARNG Child & Youth Program (CYP)
Lead Child & Youth Program Coordinator
Shavon Parker
W: 573-638-9500 (ext. 37729)
C: 573-353-7501
Child & Youth Program Coordinator
Stacy Worthington
W: 573-638-9500 (ext. 37739)
C: 573-353-7491

Retirement Services Office
John R. Lewis
W: 573-638-9648 (ext. 39648)
Todd E. Henderson
W: 573-638-9500 (ext. 37011)
Stella Druml
W: 573-638-9602 (ext. 39602)



For updates, call or email:
Brysen Dechant (573) 638-9500 (ext. 37091), brysen.r.dechant.civ@army.mil

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Army

Air

Yellow Ribbon Reintegration Program (YRRP)

1LT Joseph Fortenberry
W: 573-638-9500 (ext. 39645)
C: 409-429-4122
SFC Evangeline McKay
W: 573-638-9500 (ext. 37733)

Risk Reduction, Resilience, and Suicide Prevention (R3SP)

OC Robyn Jones (NCOIC)
W: 573-638-9500 (ext. 37090)
Lead Risk Reduction Coordinator
James Howard "Kiilani" Keeter
W: 573-638-9500 (ext. 37727)
Prevention Coordinator (Suicide)
VACANT
W: 573-638-9557
Prevention Coordinator (Substance Abuse)
Chance Pinkerton
W: 573-638-9500 (ext. 39596)

Drug Testing Program Drug Testing Coordinators

SSG Ashton Maasen
W: 573-638-9812

Education & Incentives

OIC
CW4 Allen Woods
W: 573-638-9500 (ext. 37053)
NCOIC
SSG McConnell Kraft
W: 573-638-9500 (ext. 37051)
Incentives Manager
SSG Autumn Malloy
W: 573-638-9500 (ext. 37690)
Federal Tuition Assistance
Dr. Theresa Jefferson
W: 573-638-9500 (ext. 39637)
State Tuition Assistance
Brenella Mehrhoff
W: 573-638-9500 (ext. 37023)
SLRP/Bonuses
SPC Harlee Kempker
W: 573-638-9500 (ext. 37689)
GI Bill
SPC Travis Hildreth
W: 573-638-9500 (ext. 37139)

Holistic Health & Fitness (H2F)

CPT Arthur Deloach (Region OIC)
W: 816-922-5000 (ext. 35059)

MSG Chelsea Dill (JC-ISTS)
W: 573-638-9500 (ext. 39827)

MOARNG Sexual Assault Team

110th MEB Sexual Assault Resp. Coord. (SARC)
Jesse West
W: 816-922-5000 (ext. 35104)
35th MP BDE SARC
Jarren Gorka
W: 314-416-6600 (ext. 36663)
C: 573-694-8634
35th MP BE Victim Advocate
Tovonna Swan
W: 314-416-6600 (ext. 36662)
C: 573-301-5503

Whiteman Air Force Base & St. Louis

131st BW Directors of Psychological Health

VACANT
W: 660-687-7407 C: 314-753-0342
Kimberly Barragan (JB)
C: 314-939-0246
Dedicated to Local Bomb Wing

131st BW Chaplain Services

CH (Lt Col) Sam Smith
C: 636-248-8972
CH (Maj) Charlie Dey
C: 314-299-3363

131st BW Airman & Family Readiness Program

Mildred Munro (JB & WAFB)
W: 314-527-8305/6
C: 314-369-2566

131st BW Primary Prevention Specialist

Kirstin Inwood
W: 660-687-4732

131st Inspector General (JBANGS)

Lt Col John Arata
W: 636-448-4024

131st BW Equal Opportunity

VACANT
W: 660-687-5736

131st BW Human Resource Advisor

SMSgt Ebony Hodges (DSG only)
W: 660-687-7519 C: 816-446-2882

131st BW Domestic Abuse Victim Advocate (WAFB)

Mike Coleman
W: 660-687-5509
24/7 DAVA Hotline: 660-324-4752

131st BW Sexual Assault Response Program

Andrea Dodd (WAFB) - SARC
W: 660-687-2650 C: 660-563-0666
Mariah Gotsch (JB) - Victim Advocate
W: 314-527-9800 C: 660-563-0717

St. Joseph

139th AW Director of Psychological Health

Jason Dye
W: 816-236-3356
C: 816-244-3032
Dedicated to Local Air Wing

139th AW Chaplain Services

CH (Capt) Jeremy Fruechting
W: 816-236-3236
C: 816-390-0975

139th AW Senior Military & Family Readiness

Amy Mathias (Program Manager)
W: 816-236-3511
C: 816-390-2777

139th AW Military & Family Life Counseling

Karen O'Dea
W: 816-236-3199
C: 816-722-0342

139th AW Primary Prevention Specialist

Marty Clary
W: 816-236-3064

139th AW Equal Opportunity

Major Stephen Kollitz
W: 816-236-3837

Education & Incentives

Janette King
W: 816-236-3208
Cell: 573-638-9822

139th AW Sexual Assault Response Coord.

Lyndsay Bennett
W: 816-236-3677
C: 816-344-4744

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The Family & Warrior Support (FWS) mobile app is free and available for both iOS and Android devices. To download, search for 'MONG Family & Warrior Support' or scan the codes below.



Serving All Branches of Service

Family Assistance Centers (FACs) Soldier & Family Readiness Specialists (Army) Military & Family Readiness (Air)

Cape Girardeau

Michael L. Woods
W: 573-339-6206 (ext. 16206)
C: 573-508-8656

Ft. Leonard Wood

Antoinette Clark
W: 573-329-9000 (ext. 39027)
C: 937-213-3895

Jefferson City (Blue Army)

Marie C. Ward
W: 573-659-1600 (ext. 31626)
C: 573-489-7463

Jefferson City (ISTS)

Eric Schaben
W: 573-638-9672
C: 660-351-5659

Joplin

Neil Lamont
W: 417-624-0722 (ext. 13132)
C: 417-430-5199

Macon

Christopher Smead
W: 660-385-1167 (ext. 13716)
C: 573-529-6312

Sedalia (MG John C. McLaughlin Armory)

Carla Caldwell
W: 816-559-4100 (ext. 34022)
C: 660-351-5877

St. Louis (Jefferson Barracks)

Ryan G. Fisher
W: 314-416-6638 (ext. 36638)
C: 636-535-7333
Mildred Munro (air)
314-527-8305/6

St. Joseph (Mayes Memorial Armory)

Jill Kain
W: 816-390-8693 (ext. 15415)
C: 816-565-3400

St. Joseph (Rosecrans)

Amy Mathias (air)
W: 816-236-3511 (DSN: 356-3511)
C: 816-390-2777

Springfield (Ralph E. Truman Armory)

Nick Carnes
W: 417-868-6024 (ext. 36024)
C: 417-425-3452

Warrenton

Krystl Jessop
W: 636-456-1457 (ext. 15713)
C: 314-914-9328

Whiteman Air Force Base

Mildred Munro (air)
314-527-8305/6

DEERS / ID Cards - Call Ahead

Ft. Leonard Wood (35th EN BDE Armory)

573-329-9000 (ext. 39111)
Jefferson City (ISTS)
573-638-9500 (ext. 37731 / 37732)

Kansas City (Ozark Armory)

816-922-5033 (ext. 35121)
Lexington

660-259-7731 (ext. 13623)

Maryville (1/129th FA Armory)

573-638-9500 (ext. 16016)

Camp Clark

573-638-9500 (ext. 33008)

St. Louis (JB)

314-416-6619 (ext. 36619)

Springfield (Fremont Armory)

573-638-9500 (ext. 36046)
St. Joseph (139th AW, Rosecrans)
816-236-3330

TRICARE - West Region

844-866-9378

www.tricare-west.com

TRICARE - East Region

800-444-5445

www.tricare-east.com

TRICARE for Life (TFL) w/ Medicare A & B

866-773-0404

www.tricare4u.com

TRICARE Pharmacy

877-363-1303

www.express-scripts.com

Active Duty Dental Program (ADDP)

(for AGRS & ADOS with 30-day+ orders)

866-984-2337

www.addp-uccl.com

TRICARE Dental Program (TDP)

(for M-Day & Family members)

844-653-4061

www.uccitdp.com

Retiree Dental Program

877-888-3337

www.benefeds.com

Vision for M-Day & Family members

877-888-3337

www.benefeds.com

Retiree Vision Program

877-888-3337

www.benefeds.com

MILITARY
ONESOURCE

24/7 Phone: 800-342-9647

Chat: <https://livechat.militaryonesourceconnect.org/webchat/>

Website: www.militaryonesource.mil

Retiree Council Members

Northeast Region:

Alan Garrison
alan.garrison@juno.com

Dan Hatcher

816-392-5668

Michael McQueen

217-257-8855

Eastern Region:

Bill Leeper

314-487-3863

314-580-8768

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Tony Cosentino

636-296-9908

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Southeast Region:

Donal Firebaugh

573-783-5447

573-783-9436

firebaugh@yahoo.com

Central:

William Johnson

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pointtechnology06@yahoo.com

Sharon Peery

660-353-4330

sharonp3cs@gmail.com

Northwest Region:

Gaila Sullivan

816-436-5860

sulli819@hotmail.com

Randy Rodenberg

660-329-0540

brazydaze@yahoo.com

Thomas Morris

816-617-7175

tmorris25@kc.rr.com

Retiree Council Members (cont.)

Western Region:

Gary Boyd
816-835-1043

boydg@umkc.edu

Derbo Caicedo

816-309-0446

really67omg@gmail.com

Breck Ferguson

816-674-5873

fergie2505@gmail.com

Southwest Region:

James Dunn

417-438-1985

sfcdunn@sbcbglobal.net

Jackie Adams

417-543-4770

jackieadams1026@gmail.com

Gary Gilmore

417-466-4094

chaplaingary2@gmail.com

Missouri Veterans Centers (Vet Center)

(provides confidential counseling)

Columbia

2475 Broadway Bluffs Drive; Ste. 40
573-814-6206

Kansas City

4800 Main Street; Ste. 107
816-922-5300

Springfield

319 E. Battlefield Road; #B
417-891-4988

St. Louis

287 N. Lindbergh Blvd
314-894-5739

Missouri Veterans Commission

Jefferson City

205 Jefferson Street
573-751-3779

Springfield

1515 E. Pythian
417-895-6532

Food Pantries

Jefferson City (VFW)

Judy Minard
C: 573-694-8831

Patty Lecomte

C: 573-645-1955

St. Louis (Jefferson Barracks)

Linda Ferguson
C: 314-650-0188

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Veterans / Military Crisis Line Geographical Region / Command Contact:

Northern Command:	Dial 9-8-8 then press 1
Indo-Pacific Command:	Call 1-844-702-5493 (off base) or DSN 9-8-8 (on base)
European Command:	Call 1-844-702-5493 (off base) or DSN 9-8-8 (on base)
Central Command:	Call 1-855-422-7719 (off base) or DSN 9-8-8 (on base)
African Command:	Call 1-888-482-6054 (off base) or DSN 9-8-8 (on base)
Southern Command:	Call 1-866-989-9599 (off base) or DSN 9-8-8 (on base)

Additional information can be found at:

<https://www.veteranscrisisline.net/get-help-now/military-crisis-line/>